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AETNA BETTER HEALTH®				
Coverage	Policy/Guideline			
Name:	Tezspire		Page:	1 of 3
Effective Date: 2/1/2024			Last Review Date:	11/2023
Applies to:	□Illinois	□Florida	□Michigan	
	□New Jersey	⊠Maryland	⊠Florida Kids	
	⊠Pennsylvania Kids	□Virginia	⊠Kentucky PRMD	

#### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Tezspire under the patient's prescription drug benefit.

## **Description:**

Tezspire is indicated for add-on maintenance treatment of adult and pediatric patients aged 12 years and older with severe asthma.

Limitations of use: Not for relief of acute bronchospasm or status asthmaticus.

All other indications are considered experimental/investigational and not medically necessary.

Note: If the member is a current smoker or vaper, they should be counseled on the harmful effects of smoking and vaping on pulmonary conditions and available smoking and vaping cessation options.

## **Applicable Drug List:**

**Tezspire** 

# **Policy/Guideline:**

- I. Submission of the following information is necessary to initiate the prior authorization review:
  - A. Initial requests:
    - 1. Chart notes, medical record documentation, or claims history supporting previous medications tried including drug, dose, frequency, and duration.
    - 2. The member is unable to take Dupixent and Xolair for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication. Documentation is required for approval.
  - B. Continuation requests:
    - 3. Chart notes or medical record documentation supporting improvement in asthma control.

#### **Criteria for Initial Approval:**

- II. Authorization may be granted for members 12 years of age or older when ALL the following criteria are met:
  - 1. Member has previously received a biologic drug indicated for asthma

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- a) Note: The member is unable to take Dupixent and Xolair, where indicated, for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication. Documentation is required for approval.
- 2. Medication must be prescribed by or in consultation with an allergist, immunologist, or pulmonologist
- 3. Member will NOT use the requested medication concomitantly with any other biologic drug or targeted synthetic drug for the same indication.

#### OR

# Authorization may be granted for treatment of severe asthma when ALL the following criteria are met:

- A. This medication must be prescribed by or in consultation with an allergist, immunologist, or pulmonologist
- B. Member is 12 years of age or older.
- C. Member has uncontrolled asthma as demonstrated by experiencing at least ONE of the following within the past year:
  - 1. Two or more asthma exacerbations requiring oral or injectable corticosteroid treatment.
  - 2. One or more asthma exacerbation resulting in hospitalization or emergency medical care visit.
  - 3. Poor symptom control (frequent symptoms or reliever use, activity limited by asthma, night waking due to asthma).
- D. Member has inadequate asthma control despite current treatment with BOTH of the following medications at optimized doses:
  - 1. High dose inhaled corticosteroid
  - 2. Additional controller (i.e., long acting beta2-agonist, long-acting muscarinic antagonist, leukotriene modifier, or sustained-release theophylline)
- E. Member will continue to use maintenance asthma treatments (e.g., inhaled corticosteroid, additional controller) in combination with Tezspire.
- F. Member will NOT use the requested medication concomitantly with any other biologic drug or targeted synthetic drug for the same indication

# **Criteria for Continuation of Therapy**

- III. Authorization may be granted for members for continuation of treatment of severe asthma when ALL the following criteria are met:
  - A. Member is 12 years of age or older.

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- B. Asthma control has improved on Tezspire treatment as demonstrated by at least ONE of the following:
  - 1. A reduction in the frequency and/or severity of symptoms and exacerbations.
  - 2. A reduction in the daily maintenance oral corticosteroid dose.
- C. Member will continue to use maintenance asthma treatments (e.g., inhaled corticosteroid, additional controller) in combination with Tezspire.
- D. Member will NOT use the requested medication concomitantly with any other biologic drug or targeted synthetic drug for the same indication

## **Approval Duration and Quantity Restrictions:**

**Initial Approval:** 6 months

Renewal Approval: 12 months

Quantity Level Limit: 1 vial, syringe, or pen per 28 days

#### **References:**

- 1. Tezspire [package insert]. Thousand Oaks, CA: Amgen Inc.; February 2023.
- 2. Global Initiative for Asthma (GINA). Global Strategy for Asthma Management and Prevention. 2022 update. Available at: https://ginasthma.org/wp-content/uploads/2022/07/GINA-Main-Report-2022-FINAL-22-07-01-WMS.pdf. Accessed March 1, 2023.
- 3. Cloutier MM, Dixon AE, Krishnan JA, et al. Managing asthma in adolescents and adults: 2020 asthma guideline update from the National Asthma Education and Prevention Program. *JAMA*. 2020;324(22): 2301-2317.
- 4. Wechsler ME, Colice G, Griffiths JM, et al. SOURCE: a phase 3, multicentre, randomized, double-blind, placebo-controlled, parallel group trial to evaluate the efficacy and safety of tezepelumab in reducing oral corticosteroid used in adults with oral corticosteroid dependent asthma. *Respir Res.* 2020;21(1):264.