

Aetna Better Health[®] of Louisiana

Peer Support Services

What are Peer Support Services?

- Peer Support Services are help for mental health concerns and drug and alcohol use
- Aetna Better Health's Peer Support Specialists have real life experience with mental health and substance use
- They know how to support your health and wellness

What do Peer Support Specialists do?

- Help to solve problems and build coping skills
- Can go to medical and behavioral health appointments with you
- Help you talk with your provider to make sure you are getting the best care
- Provide you with resources in the community

How do I sign up for Peer Support Services?

You can ask your care manager to connect you to a Peer Support Specialist, call Member Services at 1-855-242-0802 (TTY:711), or reach out directly to the Peer Support Specialist in your area:

- Regions 1, 9, and 10 – New Orleans/Northshore/Jefferson
 - Michael Barlow – barlowm1@aetna.com
- Regions 2 and 3 – Baton Rouge/Bayou Parishes
 - Ciara Nunez – nunezc2@aetna.com
- Regions 4 and 5 – Lafayette/Lake Charles
 - DeJohn Scott – scottd1@aetna.com
- Regions 6 and 7- Shreveport/Alexandria
 - Christy Coleman – colemanc9@aetna.com
- Region 6 and 8 – Monroe/Alexandria
 - Shelly Hunter – hunters4@aetna.com



For more information on member benefits, scan the code on the left or visit our website: aetnabetterhealth.com/louisiana/whats-covered.html.