

May 2021

OVERVIEW:

Aetna Better Health of Louisiana (ABHLA) is aligned with the Louisiana Department of Health's Medicaid Services Manual, and would like to remind providers to refer to these manuals when submitting claims. If the manual requires additional guidance impacting reimbursement, the details will be outlined by ABHLA in the Provider Manual or in a supporting reimbursement policy.

With regard to Non-Invasive Prenatal Testing (NIPT), the Louisiana Medicaid Professional Services manual states:

"NIPT is considered medically necessary once per pregnancy for pregnant women over the age of 35, and for women of all ages who meet one or more of the following high-risk criteria:

- *Abnormal first trimester screen, quad screen or integrated screen;*
- *Abnormal fetal ultrasound scan indicating increased risk of aneuploidy;*
- *Prior family history of aneuploidy in first (1st) degree relative for either parent;*
- *Previous history of pregnancy with aneuploidy; and*
- *Known Robertsonian translocation in either parent involving chromosomes 13 or 21.*

***Note:** 1st degree relative is defined as a person's parent, children, or sibling.*

NIPT is NOT covered for women with multiple gestations."

Effective 6/1/2021, ABHLA is adopting a Non-Invasive Prenatal Testing (NIPT) policy to include the above guidelines, effective 12/01/2020 for dates of service on or after Feb. 1, 2019.

Please note that providers may see reimbursement impacted if not aligned to the Louisiana Department of Health's Medicaid services manual within 30 days of the date of this reminder notification.

Questions and Support:

For questions, please contact LAProvider@AETNA.com or call 1-855-242-0802 and follow the prompts.